

UNDERSTANDING ADOLESCENTS



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NOTES:



The Unique Nature of Young Adolescents

- » Desire to feel powerful
- » Humor and Attention
- » Boredom
- » Physical Changes and Physical Activity
- » Fear and Loneliness
- » Need for movement
- » Constant cravings
- » Social and Emotional needs
- » Dram-ma vs real life drama
- » Structure and Clear Limits
- » Creative expression



Ideas and Strategies

- » Listen, then react
- » Use of humor
- » Reward the positive
- » Know your limits
- » Consistency
- » Policeman attitude
- » You elevate they elevate
- » Don't stop teaching
- » The power of touch
- » Understand their life
- » Be inviting - stand by the door
- » Relationships
- » Let them know they make good company
- » Identify rude behaviors
- » Wait time, wait time and more wait time
- » Affirmations
- » Student work around the room
Use the ceilings and floors
- » Practice new things in small amounts
- » Ownership, ownership, ownership
- » I messages
- » Follow up discipline, social issues, personal conflicts, and rewards
- » Provide options
- » Don't be afraid to deviate from the lesson
- » Hands-on learning - Paper Plates
- » Be an advocate



The Middle School Classroom

- » The closer the better
- » Seating options
- » Teacher is always on the move
- » Have a phrase that pays—STOP, FREEZE, and LOOK at ME, “Come to the carpet of love and acceptance.”
- » Repeat what they say
- » Do not multi-task—look at them when they are speaking
- » Always ask this question to yourself— “Would I like this class if I were an adolescent?”
- » Teacher does the follow up after a discipline action
- » Handout procedures—Permission slips, homework and other items that need passed back
- » Use of folders for journals and student work
- » Board of missing work and other student updates
- » Helpful hints when doing assignments
- » Work until the end of the hour
- » Eliminate extra credit—add enhancements
- » Provide options for learning—Example: “Today you need to get to 50 points” ... then provide five options with varying point value
- » Get to know your activities
- » Don’t overwhelm the overhead
- » Discuss pet peeves—share some of yours
- » One place for homework and other items that need to be handed in
- » Tubs, buckets, and other storage articles
- » Attention signals
- » Use of student names when you need attention
- » Vocal inflection
- » Repeat after me
- » Assign student to provide make-up work and assignments
- » Organization
- » Dealing with tardies—guest book
- » Keeping your hands clean

Student Behavior Reflection Sheet

Name: _____ **Class Period:** _____ **Date:** _____

» Describe the situation that happened.

» How did your involvement help or hurt the situation?

» If you had the chance to do it all over again, what would you have done differently?

» What consequences should be given?

» What ideas do you have to make sure this situation does not happen again?

Teacher/Team Notes

Consequences given:

Additional comments:

Team Member

Student

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! Missing Assignment



Subject: _____

Teacher: _____

Title of Work: _____

Student: _____

Student has not turned in the above assignment.

Student Comments: _____



Story Pyramid

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

Key

1. Name of main character
2. Two words describing main character
3. Three words describing setting
4. Four words stating problem
5. Five words describing one event
6. Six words describing second event
7. Seven words describing third event
8. Eight words stating solution

Student: _____

Title of Book: _____

Author: _____



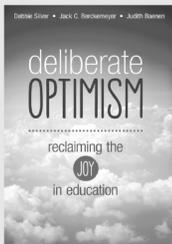
ABOUT THE AUTHOR

Contact Jack directly for special pricing!



A nationally-recognized presenter, author, and humorist, Jack Berckemeyer began his career as a middle school teacher in Denver, Colorado. After two years of teaching, he was named an outstanding educator at his school, and shortly thereafter, he was identified as one of the outstanding educators in the district. In 2003, he received the Outstanding Alumni Award from Falcon School District. Jack brings his energy, humor and expertise to all staff development as he helps teachers and administrators remember why their jobs make a difference.

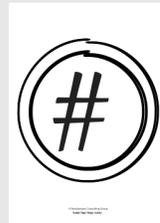
Jack Berckemeyer is known for his motivational, practical ideas that bring hope, laughter, and insight about the nature of young adolescents. Jack lives in Denver, Colorado and has no pets or plants.



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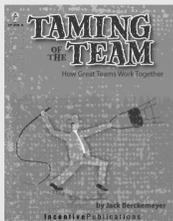
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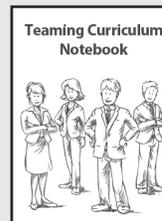
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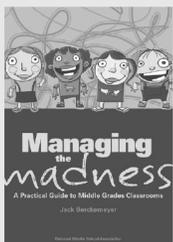
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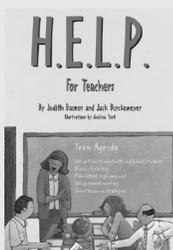
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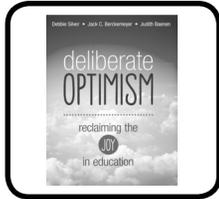
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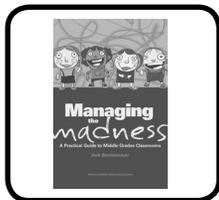
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